

Sunday August 26th

Kl. 08.00 – 10.00: Breakfast

Kl.10.00 – 10.10: Good morning -
reading the text of today

Kl. 10.10 – 11.30:

Al-Anon meeting:

My own recovery

The meeting starts with a speaker

Kl. 11.30 – 12.00:

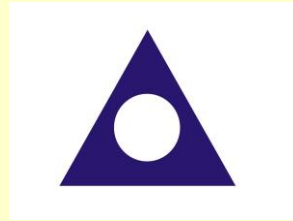
Break. Check-out at hotel

Kl.12.00–13.00: Lunch

Kl. 13.00 – 14.00:

Al-Anon meeting: **Live and let live**

Kl. 14.00 – 14.30: Final part

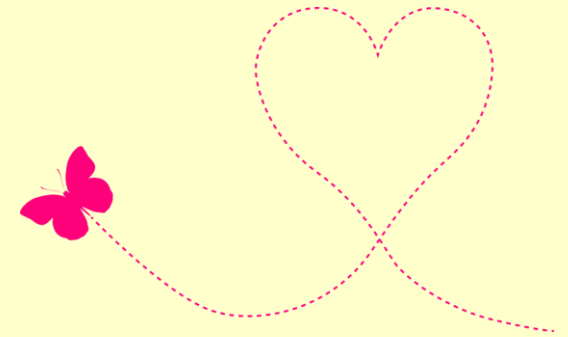


Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help.

Al-Anon Declaration:

"Let It Begin With Me.

*When anyone, anywhere,
reaches out for help - let the hand of
Al-Anon and Alateen always be there,
- and Let It Begin With Me"*



WELCOME TO SUMMER CONVENTION in Al-Anon Norway

Arranged by District 7 and 9
August 24th – 26th 2018
at Sandefjord Motor Hotel

With participation from
World Service Office, United States



Welcome to Sandefjord!

Sandefjord Motor Hotel is located at highway E18, between Tønsberg and Sandefjord in Vestfold County, and near Torp Airport. It takes about 1 ½ hour by car from Oslo to the hotel, which has a large parking lot with free parking. One can also come to Sandefjord by train from Oslo (2 hours) or Gardermoen Airport (3 hours), or take a ferry from Strømstad in Sweden (crossing 2½ hours).

Pricing and Registration

Option 1: Registration fee incl. Lunch, fruit and coffee / tea per. day: **NOK 500.-**

Option 2: Registration fee with accommodation incl. breakfast, lunch and dinner per night:

NOK 1515.- single room

NOK 1435.- double room

Dinner can be ordered:

NOK 360.- 2 dishes

NOK 405.- 3 dishes

Registration deadline is **August 10th**.

Sign up by e-mail to: post@al-anon.no or phone no. + 47 483 05 999

(Phone only Mondays from 9:30 am until 5:30 pm)

PROGRAM

Friday August 24th:

Program will come later

Saturday August 25th:

Kl. 09.00 – 10.00: Registration/
welcome

Kl. 10.00 – 11.00: Official opening
Presentation by WSO
Presentation by the Norwegian
board of trustees and GM at the
Service Office

Kl. 11.00 – 12.00:
Al-Anon meeting: **First tradition**

Kl. 12.30 -14.00:Lunch



Kl. 14.00 – 15.30:

Al-Anon meeting: **Fourth step**
The meeting starts with
a speaker

Kl. 16.00 – 16.30:

Question time - by WSO

Kl. 19.00: Dinner

Kl. 21.00: Candle light meeting

Socializing